

MILK

(Mother & Infant Lactation Kooperative)



Support Group

Share your experiences with other breastfeeding moms.

Learn from other mothers about the early stages of motherhood.

Facilitated by a board certified lactation consultant.

Babies ranging in age from newborn-six months old are welcome.

One-on-one outpatient lactation appointments are recommended for critical breastfeeding issues. Please call (415) 353-2566.

Free

Tuesdays/Fridays 11:30 am-1:30 pm, Mt. Zion-2356 Sutter Street, 1st Floor

Registration required. Space is limited, no drop-ins.

Registrants must sign in at the Women's Health Resource Center prior to attending.

Call (415) 353-2667 or visit whrcportal.ucsf.edu/whrcmember to register.

Healthy snacks will be served.

All lactation support group participants: visit the Women's Health Resource Center & receive a 10% discount on products. (excludes pump rentals and classes)

UCSF Medical Center
Women's Health